

UNIVERSITY STUDENT AFFAIRS

SEPTEMBER

EVENTS AT A GLANCE

9/3

COMMUNICATION TOOLBOX:

Being Assertive
& Setting Limits

12-1 / WARREN & CAROL LOW
STUDENT UNION LOUNGE



9/4

1ST MBKU STUDENT ASSOCIATION MEETING

12-1 / JONES FAMILY
CONFERENCE CENTER



9/6 & 9/27

FINANCIAL AID 101

12:15-12:45 / CONFERENCE
ROOM D



9/17

CONSTITUTION DAY QUIZ

8-5 / ONLINE



9/18

BOX ICE CREAM TRUCK

11-2 / WARREN & CAROL
LOW STUDENT UNION PATIO



STRESS RECESS



Every Wednesday

MINDFUL MEDITATIONS

7:45-8:15 / WARREN & CAROL LOW
STUDENT UNION LOUNGE

9/11 & 9/25

WELLNESS WALKS

12-1 / AMPHITHEATER

9/10

YOGA WITH AMY

7-8 / WARREN & CAROL LOW
STUDENT UNION LOUNGE

9/11

CRAFT THE STRESS AWAY

6-7 / WARREN & CAROL LOW
STUDENT UNION LOUNGE



**Marshall B.
KETCHUM UNIVERSITY**
University Student Affairs